

#### Kammavari Sangham (R) 1952

### K. S. GROUP OF INSTITUTIONS

# K. S. SCHOOL OF ENGINEERING AND MANAGEMENT

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# DEPARTMENT OF APPLIED SCIENCE

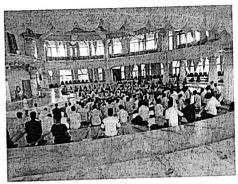
### INDUCTION PROGRAM

#### REPORT

ON

## ART OF LIVING VISIT -I SEM 2023-24

In the end of the week there was a visit of ART OF LIVING, where the session is organized in the nature about meditation, stress, and other life problems. It was a pleasing session, students are learned a lot about the importance of nature and there is nothing more magnificent than NATURE. Then later in the day students were visited a place which was about new innovations and technologies, where the students gained a lot of knowledge which gave a lot of ideas. Then students went in between the mountains where one of the Art of Living fraternity thought about the importance of food, about how human activities is destroying the nature. And students had delicious lunch, and were on the way back to the college carrying beautiful memories.









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