



K. S. SCHOOL OF ENGINEERING AND MANAGEMENT
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DEPARTMENT OF MANAGEMENT STUDIES & RESEARCH CENTRE

OUTBOUND TRAINING REPORT

**KSSEM**
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KAMMAVARI SANGHAM (R) 1952
K. S. GROUP OF INSTITUTIONS
K. S. SCHOOL OF ENGINEERING AND MANAGEMENT
DEPARTMENT OF MANAGEMENT STUDIES AND RESEARCH CENTRE

**OUTBOUND
PLACEMENT TRAINING**

ON 13TH AND 14TH JULY
AT WILD VALLEY MOUNTAIN BEAR

PROF. ROOPA BALAVENU
COORDINATOR

DR. SHEKAR H S
HOD-MBA

DR. K RAMA NARASIMHA
PRINCIPAL



Location: Wild Valley Mountain Bear(Ramanagara)



This program was specifically designed to enhance teamwork, leadership skills, and personal development. Through interactive sessions, practical activities, and team-building exercises, participants experienced the importance of effective collaboration, adaptability, and self-awareness. They also gained valuable insights into decision-making, conflict resolution, professional etiquette, and time management. The serene and natural surroundings of Wild Valley Mountain Bear Resort provided an ideal backdrop for fostering growth, building strong teams, and honing leadership capabilities.

- It embarks on a journey of personal and professional transformation.
- Along with adventure activities trekking, sky cycling, zip line, kayaking, and many more. The campfire was also put up at night.

The K S School of Engineering and Management, Department of Management Studies and Research Centre, organized a two-day Outbound Training Program aimed at equipping final-year MBA students with the skills and knowledge necessary to become effective leaders and team members. This report delves into the highlights of the program, its objectives, and the impact it had on the participants.



Introduction

The Outbound Training Program, held at the Wild Valley Mountain Bear Resort in Ramanagara, was a comprehensive initiative focusing on team building, leadership development, and personal growth. The program was designed to provide students with real-world experiences that would enhance their ability to collaborate effectively, adapt to change, and gain insights into their own strengths and weaknesses.

Program Objectives

1. **Enhancing Teamwork and Leadership Skills**: The primary goal of the program was to empower students with the ability to work effectively in teams and lead with confidence.
2. **Effective Communication and Collaboration**: The program aimed to develop participants' communication and collaboration skills, as these are essential for success in any professional setting.
3. **Adaptability and Change Management**: In a rapidly evolving business landscape, adaptability is crucial. The program aimed to instill the ability to thrive in new and challenging environments.
4. **Self-Awareness and SWOT Analysis**: Participants engaged in self-assessment activities to identify their strengths, weaknesses, opportunities, and threats (SWOT) to set meaningful goals.
5. **Leadership Development**: The program focused on fostering leadership qualities and creating a positive work environment where leadership is nurtured.
6. **Decision-Making and Problem-Solving**: Effective decision-making techniques and problem-solving skills were imparted to enhance participants' analytical thinking.
7. **Conflict Resolution**: Managing conflicts constructively was addressed to create a harmonious work environment.
8. **Professional Etiquette and Relationship Building**: Building strong professional relationships and mastering etiquette were key aspects of the training.
9. **Time Management**: Participants learned techniques for effective time management, balancing productivity and personal life.

Training Program Highlights

The Outbound Training Program was an immersive experience that included a wide range of activities and sessions. These activities were not only informative but also transformative, helping students to develop the skills outlined in the program's objectives.

Team Building Exercises

Participants engaged in team-building activities such as trust falls, rope courses, and problem-solving challenges. These exercises required effective communication, collaboration, and leadership to achieve the desired outcomes.

Leadership Workshops

Workshops focused on developing leadership qualities, including communication skills, decision-making, and motivational strategies. These were facilitated by experienced professionals in the field.

SWOT Analysis

Students conducted personal SWOT analysis, identifying their strengths, weaknesses, opportunities, and threats. This exercise provided insights into areas of personal improvement and development.

Conflict Resolution Simulations

Simulated conflict scenarios allowed students to practice conflict resolution techniques, helping them gain confidence in managing disagreements constructively.

Time Management and Productivity

Sessions on time management equipped participants with tools and strategies for effectively balancing their work and personal lives.

Impact and Outcomes

The Outbound Training Program had a significant impact on the final year MBA students. They reported increased self-awareness, improved leadership skills, and a greater ability to collaborate and communicate effectively. The experience in the natural surroundings of the Wild Valley Mountain Bear Resort provided a unique backdrop for learning and self-discovery.

Conclusion

The Outbound Training Program organized by K S School of Engineering and Management's Department of Management Studies and Research Centre successfully achieved its objectives. It empowered students with the skills necessary to excel in their future careers, fostering growth, building strong teams, and honing leadership capabilities. The program was a journey of personal and professional transformation, and its impact will undoubtedly be felt by the participants throughout their careers.

DAY 1

LIST OF ACTIVITIES

1. Strategy management



2. Importance of Listening skills



3. Fun time in the Swimming Pool



4. Fun Time at Rain Dance

5. Introspection



6. Paper Games



7. Campfire



DAY 2:

List of Activities:

1. Warmup Session



2. Trekking



3. Visit the Cave temple on the hill



4. Strategy Planning





5. Paper Models



6. Mind Management Process



7. Team building games



8. Smile, Laugh & Dance

9. Feedback zone

Group Photo:



OUTCOMES OF THE PROGRAM:

- ✓ Importance of Teamwork



- ✓ Boosting Self Confidence



- ✓ Being Positive
- ✓ Fun Learning
- ✓ Activity Based Learning
- ✓ Corporate Étiquettes
- ✓ Mock Interview Skills
- ✓ Facing Group Discussions
- ✓ Creativity





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